

Covid Protocol for Classes at Mountain Home Studio

Covid Protocol

- **Negative Covid test required on the first day of class at Mountain Home Studio (MHS)**
 - We recommend the BINAXNOW™ COVID-19 ANTIGEN SELF TEST or equivalent. Click the link to find details of where to find this test:
<https://www.globalpointofcare.abbott/en/product-details/binaxnow-covid-19-antigen-self-test-us.html>
 - Take a Covid test on the first day of class before you join a carpool and before you arrive at MHS. Be prepared to show *either* your actual test results *or* a date & time stamped photo of your Covid test result when you check-in.
- No proof of vaccine is required to attend.
- Wearing masks is not required.
- If you develop cold symptoms or feel unwell please do not attend classes.